## Welcome and Introduction To Anatomy and Physiology I

(An Online, Mid-semester, Accelerated 6.5 Week Presentation)

## Hello Student!

Welcome to Anatomy and Physiology I! This course is the second part of a two-part series designed to help students gain competence in the structure and function of the human body, supporting your ongoing education and training in the allied health professions. Please note that this course is accelerated. We will cover roughly 16 weeks of material in about 6.5 weeks! As a result, it is important for each student to adjust their schedule to dedicate sufficient time toward mastery of the material. It is recommended that you allocate two blocks of time for this purpose:

- The first is approximately three hours per module to review course resources and videos.
- The second is about four hours daily, focused on mastering the course content.

Since each student has different learning needs, you will need to assess your individual requirements early on. Be prepared to set aside several hours each day to thoroughly learn the material. To get started, please review the orientation documents located in the "Read Me First: Getting Started" folder on Blackboard. There is also an introductory video in which I walk you through Blackboard and show you how to access all course materials. I will also discuss course policies, objectives, and where to find support documents.

This course is worth four credits and includes a laboratory component. The curricular content for both lecture and laboratory has already been prerecorded and is available online for further instruction and review. Review the materials in the "Read Me First: Getting Started" link on Blackboard to prepare for this class.

Regarding software, it is important to become familiar with Blackboard Learn. I encourage you to explore the resources available on this LMS and get comfortable accessing course content. Blackboard Learn Student Help materials are accessible through the Help link in the course menu on your Blackboard home page.

You can find the introduction video here:

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Get ready to "STUDY HARD"! I look forward to assisting you along the way.